

**Physical Requirements related to the Apprenticeship Trade of Rigger**

1. **Physical Strength:** Riggers must have the physical strength to handle heavy equipment and materials. They should be able to lift, carry, and maneuver loads safely without compromising their balance or stability.
2. **Fear of Heights:** Riggers should be comfortable working at heights. While it's not uncommon to experience some apprehension, severe acrophobia could hinder a person's ability to perform tasks effectively and safely at height.
3. **Agility and Flexibility:** The ability to move agilely at height is crucial. Riggers should be able to navigate narrow walkways, climb ladders or scaffolding, and position themselves appropriately to rig or secure equipment.
4. **Stamina:** Rigging work can be physically demanding and may involve long hours and repetitive tasks. Good stamina and endurance are necessary to perform tasks consistently and efficiently.
5. **Flexibility:** Rigging often requires working in confined spaces or awkward positions. Riggers should have good flexibility to reach and maneuver equipment in confined areas without strain or discomfort.
6. **Coordination:** Rigging involves working with complex systems of ropes, cables, pulleys, and machinery. Excellent hand-eye coordination is crucial to ensure precise movements and proper alignment of equipment.
7. **Balance:** Riggers may need to work at heights or on unstable surfaces. Having a good sense of balance and the ability to work safely in such environments is important.
8. **Communication Skills:** Rigging professionals should have effective verbal and non-verbal communication skills to convey information clearly and coordinate with team members.